

ST. SYLVESTER'S PARISH NEWSLETTER

Very Rev. Kevin Moore, Moderator

Tel. 01-5496615

PARISH OFFICE Tel: 01 8451244 ~ email: stsylvesters@eircom.net

MALAHIDE PARISH CENTRE – we welcome all visitors to Malahide especially from outside Ireland. **St. Sylvester's is clustered with the parishes of, Kinsealy, Portmarnock and Yellow Walls** Our Parish Centre is open for refreshments 9.00am – 6.00pm every day – We invite you also to visit our Prayer Chapel. Please be aware of the new Mass schedule now in place. Mass times in our grouping are available on our website: www.malahideparish.ie

DAILY PRAYER FOR HEALING OF BODY, MIND AND SOUL

My most loving Father, You have promised,
"I am the God who heals you" (Exodus 15:26)

I place in your loving care my sick body, worried mind,
my emotional wounds and sinful nature.

I believe that only You have the power
to heal me completely.

Loving Father, I trust in Your love for me,
Help me to love You more.

Help me to increase my faith in You.

I surrender to you

(here mention your illness or emotional hurt)

Cleanse me with the precious blood of Jesus,
purify me and set me free from anger,
resentment, hatred, unresolved hurts and greed.

Help me to remember

that the power of the Holy Trinity dwells within me
and all power to forgive and overcome sin is in me.

Fill me with Your Holy Spirit and Your peace.

May the healing power of your love for me touch my
illness this day

or

may I be free from all that hinders my love for you
so that I can be an instrument

through which the power of your healing love
can touch the illness of someone I know

Amen

Mass Intentions

Monday: Christina & Paul Walsh (A)
Tuesday: For the Mangan Family intentions
Wednesday: Tom Moonan (R.I.P.)
Thursday: Mag Williams (A)
Friday: Ann Dilucia (R.I.P.)
Saturday: Kevin Bowers (R.I.P.)

Urgently Required. Do you have a two-bedroom apt./house for rent for a lovely family consisting of a lone parent and two small children aged 4 & 5 years. Rent allowance must be acceptable. Immediate occupancy required! 085/7781824

Lectio Divina: Tuesday in Prayer Chapel 10.30 – 11.30 am. We are an ecumenical group who reflect and pray on the Sunday Gospel. All welcome. Contact Phil at 086 0638074

A silent one day retreat for men and women will be held on Sunday 15th February in Milltown Park from 10.00 am to 6.00 pm. Spiritual Talks, Rosary, Benediction, Sacrament of Reconciliation, Mass and Blessing of the Sick with spiritual direction by the Jesuit Fathers. Contact John Callaghan 01 8370778, or 01 5577113.

ANOINTING OF THE SICK' AT 3.00PM THIS SUNDAY 8TH FEBRUARY IN ST. SYLVESTER'S CHURCH. The Sacrament of the sick can be received by anybody of any age who has any kind of physical, psychological or mental illness and by anybody over 65 years of age. It is taking place this weekend to co-incide with **WORLD DAY OF PRAYER FOR THE SICK** on The Feast of Our Lady of Lourdes. Prayer for those who are sick is very important to the Christian way of life. To know the presence and blessing of God's love in our illness can be a source of both personal and physical healing.

ACCORD is a well known, respected and experienced agency that has in excess of 50 years experience working with couples and individuals supporting them in their Marriages and Relationships.

ACCORD offers a professional counselling service throughout the island of Ireland, facilitating couples and individuals to explore, reflect upon and work to resolve difficulties that arise in their marriages and relationships. ACCORD counsellors are very experienced in working with individuals and couples on a wide range of issues and

difficulties that arise in their relationships i.e. communication, intimacy, sexual issues, infidelity, problem behaviours, conflict, domestic violence, health, family issues, finances, loss.

ACCORD's counselling service is based on clients needs and not on their ability to pay. Counselling can be arranged by contacting us (to find your local centre please visit www.accord.ie) The centre secretary will take contact details and then arrange an appointment to see a counsellor. Outside of centre hours an answering service will be in operation and the secretary will contact clients on returning to the office. Our service is totally confidential.

All **57 ACCORD** centres offer Marriage and Relationship counselling. Other services offered by ACCORD include Marriage preparation course and a Relationship and Sexuality programme in primary and secondary schools.

ACCORD ANNUAL COLLECTION will be held at all Masses next Weekend 14th/15th February. The ACCORD collection replaces the SHARE collection.

WORDS OF WISDOM: 1) God doesn't believe in atheists; 2) Yesterday is history, tomorrow is a mystery but today is a gift – that's why we call it THE PRESENT; 3) Most people wish to serve God – but only in an advisory capacity; 4) Formula for handling people – a) Listen to the other person's story; b) Listen to the other person's full story; c) listen to the other person's full story first; 5) The seven ages of humankind: spills, drills, thrills, bills, ills, pills, wills

VINCENT DE PAUL: The monthly collection for the Society of St. Vincent de Paul takes place after all Masses this weekend. The V de P wish to thank you for your continued generous support.

MALAHIDE BETHANY BEREAVEMENT SUPPORT GROUP hold a Support Group meeting for the bereaved on the second Monday of the month at 7.30pm in the Parish Centre, the next monthly meeting will be held on Monday 9 February, all are welcome. A support group meeting for the bereaved is held every Monday morning at 10.30am in the Parish Centre,

WE EXTEND OUR SYMPATHY to the families of the late Joe (Josie) Dignam, Sharon Malone and Doreen Rubbathan whose funerals took place this past week.

COLLECTIONS: 1st collection €1560, Share €1110

CENTRAL REMEDIAL CLINIC ART EXHIBITION Saturday 28th February 11.00am – 6.00pm, and Sunday 1st March 11.00 am – 5.00pm at the CRC in Clontarf.

WORLD DAY OF PRAYER 2015 From the Ladies of the Bahamas, Presbyterian Church Malahide, Friday 6th March at 7.30pm.

ST SYVELSTERS SENIORS SOCIAL GROUP. Each Wednesday from 10.45 to 12.45. Meet in Parish Centre. Tea/Coffee – Music & Sing a Long, Poetry, Gentle exercises, Chat. All welcome.

M.A.R.A. Next meeting Monday 9th February at 10.30 am in Malahide Library. Speaker **Caroline Fitzpatrick Horticulturist with Woodies.**

DAFFODIL CENTRE: Volunteers required. Contact Catherine McGuinness 01 2316635.

CHESS: Chess players keen to represent Malahide in the 2015 Dublin Community Games are invited to contact Jimmy 086 1045004 or Tom 087 2853031. Under 16 (pre 31st July 1999) and under 13 (pre 31st July 2002) .

THE PASTORAL CENTRE has rooms that can be hired, subject to availability, for groups or organisations on a regular weekly/monthly basis or on a one-off basis. It is also available to hire for social occasions. Many of the rooms are equipped with audio/visual facilities along with access to WiFi. The Coffee Shop in the Pastoral Centre is open from 9.00a.m. to 6.00p.m. seven days a week for snacks or something more substantial. To book the Centre or for more information contact Sharon O'Sullivan at the Pastoral Centre or on Tel: 086 0492369 or email sharon@malahideparishcentre.com

THE CLUSTER SUNDAY MASS SCHEDULE

Saturday Vigil: 6.30pm Yellow Walls and 6.30p.m. Portmarnock

Sunday: 9.00 am Carmelite Convent 10.00 am Malahide 10.30 am Yellow Walls

10.30 am Portmarnock

11.00 am Kinsealy

11.15 am Malahide;

12.00 noon Yellow Walls; 12.00 noon Portmarnock; 12.30 pm Malahide;

5.30 pm in Malahide (N.B. No 5.30p.m. Mass mid June to Sept.)